

2018 Spring Cycle Schedule

Classes and teachers subject to change

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:10am		80 minute Seasonal Cycle Ashley		Cycle- Torri		
6:10am	Cycle – Sheri		Cycle – Liz G.		Cycle Sheri	
7:10am						Cycle - Janene
8:10am	Cycle Karina			Cycle Karina		Seasonal Cycle Karina
9:10am	Seasonal Cycle Janene	Cycle Tish	Seasonal Cycle Liz H.	Cycle Wendy	Seasonal Cycle Ashley	
4:30pm	Youth Cycle (40 min.) Wendy					
5:30pm			Seasonal Cycle Linda			
6:10pm	Cycle – Adam	Seasonal Cycle Patti				
7:10pm	Seasonal Cycle Staff	Cycle – Liz H.	Cycle- Karmel	Cycle Gordon		